

quick cleaning

with jill comes clean*

This is the cleaning we do most of the time. Enough to clean obvious messes and get by until we have time to do more. When moving through the quick clean checklist a lot of things will just require you to lay eyes on them. Are they clean? If so, check them off and move on. If they are dirty do a quick clean to get them presentable. Example: Cleaning a dirty toilet bowl but not cleaning all around the toilet in detail.

KITCHEN

Wipe Counters	
Clean Sink	
Discard fridge items	
Wipe down appliances	
Wipe trash can	
Clean Floors	
Dust/wipe table top	

BEDROOM

Change Sheets	
Vacuum	
Pickup / Tidy	
Light Dust	

BATHROOM

Clean Toilet	
Clean Sink	
Clean Tub	
Clean Shower	
Vacuum	
Mirrors	

LIVING ROOM

Light Dust	
Vacuum	
Mirrors (if dirty)	
Pickup / Tidy	

OFFICE

Vacuum	
Tidy Desk	
Pickup / Tidy	

LAUNDRY

Vacuum	
Lint Trap	
Wash Towels	

DINING ROOM

Light Dust	
Vacuum	

KIDS' AREAS

Vacuum	
Light Dust	
Pickup / Tidy	

OTHER

Quick Car Clean Out	

deep cleaning

with jill comes clean*

This is for when we have more time or it's been a while since we thoroughly cleaned an area. You clean all aspects of the space. Typically, when we do this and get really detailed then it's good and clean so we can do the quick cleans for a few weeks to maintain it until we have time to deep clean again. Example: Cleaning the dirty toilet bowl and the outside, under the lid and the surrounding floor.

KITCHEN

Wipe counters	
Wipe backsplash	
Clean sink & disposal	
Wipe fridge shelves	
Wipe fridge drawers	
Wipe front of cabinets	
Use dishwasher cleaner	
Rinse dishwasher filter	
Clean oven*	
Clean microwave*	
Clean stove*	
Clean lights	
Dust	
Mop floors	
Wipe switches & knobs	
Corners of walls & floors	

BEDROOM

Wash bedding	
Vacuum / Mop	
Detailed dust	
Ceiling fan	
Mirrors	
Baseboards	
Blinds / Curtains	
Vacuum mattress	
Wipe switches & knobs	
Corners of walls & floors	

BATHROOM

Clean toilet & around it	
Light fixtures	
Baseboards / Trim	
Wipe cabinet fronts	
Vacuum / Mop	
Clean sink	
Clean tub	
Clean shower	
Wipe switches & knobs	
Corners of walls & floors	

DINING ROOM

Vacuum / Mop	
Detailed Dust	
Clean baseboards	
Clean glass / mirrors	
Wipe switches & knobs	
Corners of walls & floors	

LIVING ROOM

Detailed dust	
Vacuum / Mop	
Baseboards	
Under cushions	
Ceiling fan / lights	
Glass / Mirrors	
Blinds / Curtains	
Wipe switches & knobs	
Corners of walls/floors	

*If needed

deep cleaning

with jill comes clean®

This is for when we have more time or it's been a while since we thoroughly cleaned an area. You clean all aspects of the space. Typically, when we do this and get really detailed then it's good and clean so we can do the quick cleans for a few weeks to maintain it until we have time to deep clean again. Example: Cleaning the dirty toilet bowl and the outside, under the lid and the surrounding floor.

OFFICE

Detailed dust	
Vacuum / Mop	
Baseboards / Trim	
Lights / Fan	
Dust electronics	
Blinds / Curtains	
Wipe switches & knobs	
Corners of walls & floors	

LAUNDRY

Lint trap	
Dust/wipe appliances	
Clean washer w/ tab	
Baseboards / Trim	
Blinds / Curtains	
Vacuum / Mop	
Wipe switches & knobs	
Corners of walls & floors	

KIDS' AREAS

Detailed dust	
Vacuum / Mop	
Baseboards	
Wipe switches & knobs	
Corners of walls & floors	
Organize toys	
Organize games	
Organize crafts	

GARAGE

Thorough car clean out	
Wash car	
Sweep garage floor	
Wipe switches & knobs	
Corners of walls & floors	

OUTDOORS

Sweep/Tidy Porch	
Wipe patio furniture	

OTHER

Clean Pet Areas	

spring cleaning

with jill comes clean*

Use this list by itself to tackle those yearly or bi-yearly chores and call it good for another 6 months or combine this with the deep cleaning checklist to give each room a good reset and thorough clean.

KITCHEN

Clean inside cabinets	
Clean inside drawers	
Clean behind/top of fridge	
Vacuum fridge coils	
Clean tops of cabinets	
Clean fronts of cabinets	
Clean hood vent	
Clean out freezer	
Clean under sink	
Deep clean oven	
Windows / Tracks	
Clean out pantry	
Clean dishwasher	

BEDROOM

Clean under furniture	
Windows / Tracks	
Clean out bedside tables	
Clean out dresser	
Clean out closet	
Flip mattress	

BATHROOM

Exhaust fan	
Clean cabinets	
Clean drawers	
Tops of cabinets	
Windows / Tracks	
Go through linen closet	
Go through makeup	
Toss expired medication	
Replace shower liner	
Clean drains	

DINING ROOM

Clean out cabinets	
Windows / Tracks	

LIVING ROOM

Clean vents	
Clean under cushions	
Clean under furniture	
Windows / Tracks	
Wash pillows/throws	

spring cleaning

with jill comes clean®

Use this list by itself to tackle those yearly or bi-yearly chores and call it good for another 6 months or combine this with the deep cleaning checklist to give each room a good reset and thorough clean.

OFFICE

Go through desk	
Clean up files (digital)	
Clean up files (physical)	
Windows / Tracks	
Re-order office supplies	
Shred papers	

LAUNDRY

Dryer vent hose	
Lint Trap	
Windows / Tracks	
Deep clean washer	
Clean behind appliances	
Go through laundry products	

KIDS' AREAS

Go through toys	
Go through games	
Wash / Clean Toys	
Check batteries in toys	
Check broken toys	
Get rid of unused crafts	

GARAGE

Detailed clean inside car	
Clean car outside	
Detailed floor clean	
Organize tools & other items	
Clean out trash bins	

OUTDOORS

Clean patio furniture	
Clean grill	
Pressure wash driveway	
Pressure wash walkways	
Clean porch	
Clean gutters	
Trim bushes / mulch	

OTHER

Clean grout	
Other Windows / Tracks	
Clean sliding doors	
Check smoke alarms	
Change/clean filters	
Schedule any needed maintenance	